

# Giles Foreman Centre for Acting



A LEADING PROFESSIONAL ACTING STUDIO  
LONDON | NEW YORK | PARIS  
ACTOR TRAINING | FILM & TV PRODUCTION | CORPORATE COMMUNICATION

## 4-WEEK ACTING INTENSIVE TRAINING IN LONDON! 4 weeks from 7th August - 1 September 2017

Spend the month of August in the vibrant heart of London, Soho, and experience an amazing, intense and rewarding 4-week training at GFCA London - with Giles Foreman and our team of expert industry coaches (for biographies see p2).

The course includes over 100 hours of study:

- Core intensive Actor-training
- Voice Technique & Movement for Actors
- Rehearsal exercises
- Shakespeare and Classical Scene Study
- Uta Hagen
- Strasberg
- On-Camera
- Character Analysis Stages I & II
- Movement Psychology

Tuition: **Monday to Friday, 4 weeks from 7 August**

**Plus, for visitors to London, there are options for organised sightseeing trips to major locations including the Globe Theatre, Greenwich, Tate Modern Art Gallery and the Royal National Theatre, amongst many other attractions!**

If you let us know your accommodation-needs, we can help to organise this; or if you wish, you are welcome to arrange your own - we have links to many providers.

Tuition fee\* total:

USA **\$2000**

Euro **€1800**

UK **£1500**

25% deposit by 6 July 2017 to confirm your place.

\* **Travel, accommodation, sightseeing fees are not included in this figure:** other costs will vary according to individual preference, but please ask for guideline figures.

Promoted and hosted by GFCA London - for further information and specifics on any aspect please contact us!

*(sample biographies and subject-descriptions, please see overleaf)*



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Tel: 020 7437 3175

GILES FOREMAN CENTRE FOR ACTING [Caravanserai Productions Ltd t/a]

STUDIO SOHO 2a Royalty Mews [entrance next to Quo Vadis], Dean Street W1D 3AR

Registered office 2a Royalty Mews, Dean Street W1D 3AR

Company No: 05645207



**Giles Foreman is one of the leading acting coaches in the UK and throughout Europe. He is a specialist in the Methodological approach to acting, notably in the Yat Malmgren/Laban technique known as Character Analysis or Movement Psychology.**

Giles has worked as an acting coach at the Drama Centre, London, Deutsche Schauspiel Akademie, Berlin, The Forum for Filmschauspiel, Berlin, Creative Education, The City Lit, NODA, Stage Center – Jerusalem, Israel, the Pula International Festival of Theatre, Croatia, the International Festival of Making Theater, Athens, Greece, Trixter and Eicar in Paris, for FOCAL in Switzerland, GFCA in Luxembourg, at the Centro del Actor in Madrid, First Take Schauspielschule in Koln, and Munich's Acting Atelier. He is a specialist in realism for stage and screen and also the Movement Psychology work of Yat Malmgren, introducing the it to a new generation of actors in Zurich, Berlin, Paris, Munich, Madrid and Rome.

He has run workshops all over the world and has coached on many movies (see filmography below). These include the award-winning film by Hong Khaou *Litling*, starring Ben Whishaw; *Schutzlos* (Tatort); *Der Kreis* (winner of the Teddy award and the audience award at the Berlin Film Festival; nominated for the best foreign language film at the Oscars); the multi-award winning film *Der Goalie bin Ig*, directed by Sabine Boss; *Dawn*, directed by Romed Wyder and starring Jason Isaacs (UK, Swiss and Israeli co-production); *Gletscherblut* directed by Marvin Kren (Austria); *Swiss Grounding*; *Sennentuntschi* and *Das Schweizer Missen Massaker*, all dir by Michael Steiner; *Pedaleur du Charme*, dir by Daniel von Aarburg; the award winning, Teddy-nominated *Romeos*, directed by Sabina Bernardi; and *Ruhestoerung* directed by Robert Ralston. He also worked on the video for the Kooks single – Sway. He regularly coaches actors individually on films, both on and off set.

He was a founder member of EuroCircles – a company created to promote pan-European cultural exchange, and has produced a variety of pieces from around Europe – notably Lorca's *In Five Years Time*, directed by the Spanish director Marta Momblant-Ribas (Critics' Choice – Time Out and The Guardian), and an installation/performance event, *The Krankenhaus*, from Berlin. He worked with Visiting Arts (British Council) and the Gate to bring Tbilisi's Basement Theatre to the Gate's East Meets West season.

Giles Foreman trained as an actor himself at the Drama Centre, London under the renowned Christopher Fettes, Yat Malmgren and Reuven Adiv. An academy that produced a host of Internationally celebrated actors including - Anthony Hopkins, Sean Connery, Pierce Brosnan, Anne Marie Duff, Paul Bettany, Michael Fassbender, Geraldine James, Tom Hardy and many others.

Giles studied alongside Helen McRory, Tara Fitzgerald, Anastasia Hille, Colin Tierney, John Simm, Sean Harris, Anne Marie Duff among others. As a member of the teaching staff at Drama Centre, London he taught during a period that produced many renowned actors, notably Michael Fassbender and Tom Hardy. He has coached and/or directed huge numbers of actors over the years. To name a few: Santiago Cabrera, Gwendoline Christie, Ryan Gage, Stephen Wright, Ruta Gedmintas, Jaime Murray, Morven Christie, Daniel Sharman, Alex Gonzalez, Lily Cole, Aura Garrido, Alba Gonzalez, Carla Juri, Delia Meyer, Suki Waterhouse, Michael Neuenschwander, Merlin Leonhardt, Salvatore Greco, Tonia Sotiropoulou, Catrinel Marlon, Alessandra Balazs, Aleksy Komorowski, Alice Spisa.

Theatre credits include: *Double Tongue* (Border Crossings), *Don Quixote* (Gate Theatre), *The Island* (Eurocircles Tour – Georgia, Germany), *A Language of Love* (GIFT Festival, BAC), *Shivah* (Royal National Theatre), *An Ideal Husband* (Peter Hall Company – Haymarket Theatre, Merlin, *The Broken Heart* (Arts Threshold), *Aubrey Beardsley* in *Beardsley* (Stage One) and *Boffi* in *Pirandello's As You Desire Me* (New End). TV credits include *Bonekickers*, *Warwalks*, *The Bill*, *100 per cent*; and his film work includes *Trigger Tiger*, *Napanee*, *The Cave*, *Summer Suite*, *Red Wolf* and *The Changeling*.

His directing work includes: *Demons* by Lars Noren (GFCA), *Virginia Woolf - Between a Rock and a Wave* (Vienna), *Comme Il Vous Plaira* (GFCA Paris), *The Oresteia* (Teatro Technis), *The Bacchae* (Teatro Technis), *Amphitryon* by John Dryden (Teatro Technis), *Don Juan* by Moliere (GFCA), *The Phoenician Women* (Teatro

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Technis) Oedipus Rex (Arcola Theatre) The Merchant of Venice (Chelsea Theatre) Richard III (Courtyard Theatre), Electra (Teatro Technics) Macbeth, The Other Side of the Wall (Tristan Bates Theatre), Hilda by Marie Ndiaye (Pentameters Theatre and the Edinburgh Festival for the Caravanserai), The Wall – a piece Giles created and directed after a two year process in which he visited the Saharawi Refugee Camps in the Southern Algerian Saharan desert (performed as part of the Sandblast Festival Nov 2007), The Tempest (Central School of Speech and Drama), Dr Faustus (The Caravanserai at the Bridewell Theatre), Trenches (Pentameters). He co-wrote and directed Kicking Oscar's Corpse (Man in the Moon – a true story dealing with human rights in Syria – the idea arising from a journalistic trip), Joan of Arc, The Mayor of Zalamea, Britannicus, A Month in the Country, Six Characters in Search of an Author, As You Like It (Drama Centre, London), Party Time (Landor Theatre), The Suspicious Truth by Juan Ruiz de Alarcon (Garage Theatre) and Armenia – A Thousand Branches (Hellenic Centre).

Giles has also directed two short films: *Job's Dinner*, starring Maureen Lipman and Philip Franks, and *Oleander*.

He produced *La Femme et Le TGV* and cast Jane Birkin in the title role. The film has been nominated for an Academy Award for Best Live Action Short film, Oscars 2017 (status at February 2017).

In 2005 he founded **Caravanserai Productions and Acting Studio** alongside a group of advanced students, and is the current Director. In 2012 he created the **Giles Foreman Centre for Acting** in the heart of the UK film and TV industry in Soho, London, [www.gilesforeman.com](http://www.gilesforeman.com). In 2015 the second GFCa centre opened in Paris, [www.gfcaparis.com](http://www.gfcaparis.com), offering the same intensive range of advanced-level training; followed by GFCa Zurich and GFCa Luxembourg in 2016, and most recently GFCa New York.

## **OUR GFCa LONDON COACHING TEAM A-Z** [teaching schedule sent separately]

### **Janet Amsden - MOVEMENT [PSYCHOLOGY]**

Janet trained in the Art and Science of Movement at Nonington College of Physical Education for three years, before going to Drama Centre. She then became Yat's movement assistant before leaving for a career as an actress which has spanned forty years in theatre, radio, film and TV and is still ongoing. She has also directed over fifty plays, ranging from the Soho Community Panto through drama school projects and graduating plays, to *The Winters Tale* for Manchester Youth Theatre at the Library Theatre (Best Special Entertainment Manchester Evening News Theatre Awards 1998). Also, *Jazz Goes to the Movies* and *Guitars Galore* - music concerts at Taplow Court, for UNICEF.

### **Abigail Lumb - VOICE**

Abi is an actress and voice lecturer.

As an actress, she performed in various No1 and arena tours, in open air productions and in the west end. She gained an MA in Professional Voice Practice from Birmingham School of Acting and has since taught voice at Bristol Old Vic Theatre School and provided workshops at The Bridge Theatre Training Company and Mountview Academy. She is currently Associate Voice Lecturer at St Mary's University Twickenham, ALRA South and Manchester School of Theatre (Man Met University) teaching all aspects of voice. She has also been the voice and accent coach on various productions including 'The Awakening' for DL Productions and 'The Bad Seed' for Outfox Productions both at The Jack Studio Theatre, 'Gatsby' at Southwark Playhouse and 'Freeman' at The Belgrade Theatre, Coventry.

### **Liana Nyquist - MOVEMENT**

Liana was born in Sweden. She studied at the Drama Centre and then became the assistant to the founder of the Drama Centre Dr Yat Malmgren, in the Laban analysis of character movement. Liana studied classical ballet at the Royal Academy in Sweden and the Martha Graham Technique at the London School of Contemporary Dance (The Place). She is a vanguard figure of physical theatre, having performed with various dance theatre/physical theatre companies all over Europe. While living in Brazil, she devised and gave workshops, worked for the British Council,

the universities of Sao Paulo and Campinas and performed with Brazil's leading dance company Cisne Negro. She gives workshops in Movement and Analysis of Movement all over Europe and beyond. As a Movement Director in the theatre she has extensive experience working with numerous directors in a varied repertoire: classical, contemporary, farce and beyond. As a Movement Specialist, she coaches actors in both TV and Film - most recently, Sennentuntchi (Kontra Production), Pedaleur de Charme (Maigimax Production) and Clash of the Titans (2009) with Liam Neeson. Liana is a lecturer at CSM, College of Arts and Design, University of the Arts, lecturing across the MA and BA courses. She is Head of Movement at the Drama Centre.

#### **Lindsay Richardson - SINGING, VOICE**

Lindsay is a professional singer and actor, who trained classically at Trinity College of Music, London and more recently in musical theatre and acting. She has performed as a soloist at many of Britain's major venues and festivals, recorded both on CD and DVD, toured and performed across Europe. Radio broadcasts include Radio 3's In Tune, Danish Radio, and Radio 4's Woman's Hour. She has directed opera; and devised, coached and staged modern musical drama. She provides individual vocal coaching for presenters, singers and actors, and those in public life; and runs performance workshops for choral societies, theatre groups and individuals. Lindsay coordinates the work of GFCA London for Giles Foreman, leads the Foundation Diploma Courses, coaches, and teaches singing voice on the Advanced Intensive Programme. She designed the book *A PEOPLED LABYRINTH* for Christopher Fettes, and GFCA Publishing. Recent projects include directing two plays devised for and with PGIP actors: *The Ascent of Woman* and *Refugee*.

#### **Glen Snowden - BALLET**

Trained at the Royal Ballet School, Glen has danced extensively with ballet companies in Europe, North America and South East Asia. Recent choreographic engagements include *The Bacchae* for Thiasos Theatre Company performed in the amphitheatres of Pafos and Limassol (Cyprus); *La Cenerentola* and *The Love For Three Oranges* for English Pocket Opera; *The Saint of Bleecker Street* for Trinity College of Music; teaching historical dance in Tokyo, plus a recent ballet, *Von Ewiger Liebe* to music by Johannes Brahms. Glen works also at Drama Centre London where he is Ballet Master and also teaches social and historical dance. Future choreographic engagements include a ballet to Bach cantatas.

#### **Laurence Mitchell - ACTING**

Laurence trained at Drama Centre London and has been working as an actor in the UK for over 17 years. Theatre work includes National Theatre, Young Vic, Old Vic, Almeida Theatre, Royal Shakespeare Company, Soho Theatre, Lyric Hammersmith, Royal Exchange Manchester, among many others. His TV credits include *Kavanagh QC*, *Spooks*, *Summerhill*, *Never Better*, *Heartbeat* and *Pompidou*. He has taught at Central School of Speech and Drama, Drama Centre London, ALRA, Central St Martins and The Actors Centre London. He is a visiting tutor at the Copenhagen International School of the Performing Arts (CISPA).