

Giles Foreman Centre for Acting



A LEADING INTERNATIONAL ACTING STUDIO
LONDON | NEW YORK | PARIS

ACTOR TRAINING | CORPORATE COMMUNICATION | FILM & TV PRODUCTION
AT THE HEART OF THE INDUSTRY

4-Week Intensive Acting Training IN LONDON !

Held in April & August each year

Spend a month right in the vibrant heart of London, and experience an amazing, intense and rewarding 4-week training at GFCALondon – led by **Giles Foreman** and leading members of our team of expert industry coaches!

The course provides 120 hours of intense and rewarding study.

Subjects include:

- Core intensive Actor-training
- Character Analysis 4 Stages: theory & practice
- Movement Psychology
- Voice, & Movement for Actors
- Rehearsal exercises
- Classical Scene Study
- Contemporary Scene Study
- Uta Hagen
- Strasberg



Sessions: Monday to Friday, 10.30 – 6 pm.

Also, for visitors to London we can advise on options for visiting major locations such as the National Portrait Gallery, Globe Theatre, Greenwich, Tate Modern Art Gallery and the Royal National Theatre, and other theatre offers and attractions!

Dates 4 consecutive weeks **each April & August** (confirmed dates are on the website)
Tuition fee * **£2,000** (price held for August 2026; for April 2027 – please ask for confirmation).
There are various ways to make payment.
25% deposit will secure your place: this is non-refundable.
We ask for the balance of the fee 3 weeks before the commencement of the course.

* **Travel, accommodation, sightseeing fees are not included in the course fee** – but please ask for guideline figures for accommodation, subsistence and local travel etc. Living costs will vary according to your individual preferences. If you let us know your accommodation-needs, we may be able to point you to appropriate providers, as we have many links.

If you are new to GFCALondon and you'd like to enrol, please complete our online registration form.

For further information, and specifics on any aspect please contact us!

See below for Giles' biography.

For full tutor biographies, see www.gilesforeman.com



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GILES FOREMAN CENTRE FOR ACTING [Caravanserai Productions Ltd t/a]

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GILES FOREMAN is one of the leading acting coaches in the UK and throughout Europe. He is a specialist in the Methodological approach to acting, notably in the Yat Malmgren/Laban technique known as Character Analysis or Movement Psychology.

Giles has worked as an acting coach at the Drama Centre, London, Deutsche Schauspiel Akademie, Berlin, The Forum for Filmschauspiel, Berlin, Creative Education, The City Lit, NODA, Stage Center – Jerusalem, Israel, the Pula International Festival of Theatre, Croatia, the International Festival of Making Theater, Athens, Greece, Trixter and Eicar in Paris, for FOCAL in Switzerland, GFCA in Luxembourg, at the Centro del Actor in Madrid, First Take Schauspielschule in Koln, and Munich's Acting Atelier. He is a specialist in realism for stage and screen and also the Movement Psychology work of Yat Malmgren, introducing the it to a new generation of actors in Zurich, Berlin, Paris, Munich, Madrid and Rome.

He has run workshops all over the world and has coached on many movies (see filmography below). These include the award-winning film by Hong Khaou Liting, starring Ben Whishaw; Schutzlos (Tatort); Der Kreis (winner of the Teddy award and the audience award at the Berlin Film Festival; nominated for the best foreign language film at the Oscars); the multi-award winning film Der Goalie bin Ig, directed by Sabine Boss; Dawn, directed by Romed Wyder and starring Jason Isaacs (UK, Swiss and Israeli co-production); Gletscherblut directed by Marvin Kren (Austria); Swiss Grounding; Sennentuntschi and Das Schweizer Missen Massaker, all dir by Michael Steiner; Pedaleur du Charme, dir by Daniel von Aarburg; the award winning, Teddy-nominated Romeos, directed by Sabina Bernardi; and Ruhestoerung directed by Robert Ralston. He also worked on the video for the Kooks single – Sway. He regularly coaches actors individually on films, both on and off set.

He was a founder member of EuroCircles – a company created to promote pan-European cultural exchange, and has produced a variety of pieces from around Europe – notably Lorca's In Five Years Time, directed by the Spanish director Marta Momblant-Ribas (Critics' Choice – Time Out and The Guardian), and an installation/performance event, The Krankenhaus, from Berlin. He worked with Visiting Arts (British Council) and the Gate to bring Tbilisi's Basement Theatre to the Gate's East Meets West season.

Giles Foreman trained as an actor himself at the Drama Centre, London under the renowned Christopher Fettes, Yat Malmgren and Reuven Adiv. An academy that produced a host of Internationally celebrated actors including – Anthony Hopkins, Sean Connery, Pierce Brosnan, Anne Marie Duff, Paul Bettany, Michael Fassbender, Geraldine James, Tom Hardy and many others.

Giles studied alongside Helen McCrory, Tara Fitzgerald, Anastasia Hille, Colin Tierney, John Simm, Sean Harris, Anne Marie Duff among others. As a member of the teaching staff at Drama Centre, London he taught during a period that produced many renowned actors, notably Michael Fassbender and Tom Hardy. He has coached and/or directed huge numbers of actors over the years. To name a few: Santiago Cabrera, Gwendoline Christie, Ryan Gage, Stephen Wright, Ruta Gedmintas, Jaime Murray, Morven Christie, Daniel Sharman, Alex Gonzalez, Lily Cole, Aura Garrido, Alba Gonzalez, Carla Juri, Delia Meyer, Suki Waterhouse, Michael Neuenschwander, Merlin Leonhardt, Salvatore Greco, Tonia Sotiropoulou, Catrinel Marlon, Alessandra Balazs, Aleksy Komorowski, Alice Spisa.

Theatre credits include: Double Tongue (Border Crossings), Don Quixote (Gate Theatre), The Island (Eurocircles Tour – Georgia, Germany), A Language of Love (GIFT Festival, BAC), Shivah (Royal National Theatre), An Ideal Husband (Peter Hall Company – Haymarket Theatre, Merlin, The Broken Heart (Arts Threshold), Aubrey Beardsley in Beardsley (Stage One) and Boffi in Pirandello's As You Desire Me (New End). TV credits include Bonekickers, Warwalks, The Bill, 100 per cent; and his film work includes Trigger Tiger, Napanee, The Cave, Summer Suite, Red Wolf and The Changeling.

His directing work includes: Demons by Lars Noren (GFCA), Virginia Woolf – Between the Rock and the Wave (Vienna), Comme Il Vous Plaira (GFCA Paris), The Oresteia (Teatro Technis), The Bacchae (Teatro Technis), Amphitryon by John Dryden (Teatro Technis), Don Juan by Moliere (GFCA), The Phoenician Women (Teatro Technis) Oedipus Rex (Arcola Theatre) The Merchant of Venice (Chelsea Theatre) Richard III (Courtyard Theatre), Electra (Teatro Technis) Macbeth, The Other Side of the Wall (Tristan Bates Theatre), Hilda by Marie

Ndiaye (Pentameters Theatre and the Edinburgh Festival for the Caravanserai), The Wall – a piece Giles created and directed after a two year process in which he visited the Saharawi Refugee Camps in the Southern Algerian Saharan desert (performed as part of the Sandblast Festival Nov 2007), The Tempest (Central School of Speech and Drama), Dr Faustus (The Caravanserai at the Bridewell Theatre), Trenches (Pentameters). He co-wrote and directed Kicking Oscar's Corpse (Man in the Moon – a true story dealing with human rights in Syria – the idea arising from a journalistic trip), Joan of Arc, The Mayor of Zalamea, Britannicus, A Month in the Country, Six Characters in Search of an Author, As You Like It (Drama Centre, London), Party Time (Landor Theatre), The Suspicious Truth by Juan Ruiz de Alarcon (Garage Theatre) and Armenia – A Thousand Branches (Hellenic Centre).

Giles has directed two short films: **Job's Dinner**, starring Maureen Lipman and Philip Franks, and **Oleander**. Others are currently in pre-production.

He produced the short film **La Femme et Le TGV** – and cast Jane Birkin in the title role. The film was **nominated for an Academy Award for Best Live Action Short film, Oscars 2017**.

In 2005 he founded **Caravanserai Productions and Acting Studio** alongside a group of advanced students, and is the current Director. In 2012 he created the **Giles Foreman Centre for Acting** – based in the heart of the UK film and TV industry in Soho, London. In 2015 he opened the **second full-time centre: GFCAParis** – www.gfcaparis.com – offering an intensive range of focussed advanced-level training; followed by GFCAZurich and GFCALuxembourg in 2016, and most recently GFCANew York and LA.

MEMBERS OF OUR GFCALONDON COACHING TEAM INCLUDE :

Janet Amsden – MOVEMENT PSYCHOLOGY

Janet trained in the Art and Science of Movement at Nonington College of Physical Education for three years, before going to Drama Centre. She then became Yat's movement assistant before leaving for a career as an actress which has spanned forty years in theatre, radio, film and TV and is still ongoing. She has also directed over fifty plays, ranging from the Soho Community Panto through drama school projects and graduating plays, to The Winters Tale for Manchester Youth Theatre at the Library Theatre (Best Special Entertainment Manchester Evening News Theatre Awards 1998). Also, Jazz Goes to the Movies and Guitars Galore – music concerts at Taplow Court, for UNICEF.



Lindsay Richardson – SINGING, TEXT, VOICE, SCENE-WORK

Lindsay (Deputy Director, GFCAL) is a professional singer and actor, who trained classically at Trinity College of Music, London and in musical theatre and acting. She has performed as a soloist at many of Britain's major venues and festivals, recorded both on CD and DVD, toured and performed across Europe. Radio broadcasts include Radio 3's In Tune, Danish Radio, and Radio 4's Woman's Hour. She has directed opera; and devised, coached and staged modern musical drama. She provides individual vocal coaching for presenters, singers and actors, and those in public life.

Lindsay coordinates the work of the GFCALondon and GFCAParis centres; in London; she coaches, directs and teaches singing voice privately, and on the Advanced Programme; she coaches and directs film-scenes for Pro-Intensive actor-courses; coaches and directs Classical scenes and film-scenes for the 1-year diploma at GFCAParis. Her theatre directing projects include Fear and Misery of the Third Reich; and plays devised for and with Advanced actors: including The Ascent of Woman, Refugee, Exist Other Wise, Hero's Journey; & Les Liens Qui Unissent (combined project for London & Paris)

Lindsay designed the groundbreaking book on Character Analysis – A PEOPLED LABYRINTH – for and with the author, Christopher Fettes, & with Giles Foreman for GFCAPublishing.

The full teaching schedule is sent separately, with a roster of experienced GFCALcoaches confirmed for the workshop