



GFCA Two-Term Intensive Foundation Course

5 October to 15 March (Wednesday evenings and Saturdays)



The **GFCA 2-term FOUNDATION** course is designed for people aged 18+ who are interested in developing a future in acting, or who are seeking a change in career-direction - in fact anyone who would like to gain a clear understanding for what it means to train as an actor.

Our Centre is based in Dean Street, Soho - the heart of London's theatre and film industry. Our teaching is contemporary in approach; consensual, but vigorous - and many of our graduates are finding major success in the industry.

At GFCA we keep our group-sizes small, so each participant has the opportunity to dramatically increase their skill and confidence, under the guidance of top experts in acting, movement, improvisation and voice. Most of our tutors teach or have taught at the major UK drama schools, and continue to work professionally; some are renowned in their fields.

The Foundation course prepares people for further training - either with GFCA's advanced programmes, or at other drama schools.

The timetabled sessions are based around one weekday evening and all-day Saturday attendance, so are designed to allow people to hold down a job while taking their acting to the next level.

Participants take part in 10 hours of core classes, preparation and scene-rehearsal coaching each week. They are encouraged to continue their preparations themselves outside of the timetabled hours, and we like people to find time to go and see as much film and theatre as possible.



The course includes intensively-coached sessions in Acting, Meisner Technique, Voice, Movement, Improvisation, scene-study and Audition-preparation, taught by the Centre's teaching team of leading professional coaches.

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The acting class is of central importance. Students learn how to open up emotionally, to trust their impulses and to analyse a script thoroughly. They learn to analyse characters, to discover their core motivations and to develop clear character thought-processes. They also take part in movement and voice classes designed to help them grow their instrument from a technical perspective, as well as exercises and methods to expand the limits of their imagination and spontaneity. Feedback and guidance is provided at all stages, informally and at the end of each term

Each term, the group prepares and rehearses scenes and monologues for an in-house showing; in term two the focus is on monologues suitable for anyone who wishes to audition for our 20-month Advanced Intensive Diploma, or for other Drama Schools offering higher-level study.

The maximum group size is 14, and entrance is by application, which includes an informal interview in person or over zoom.

Interviews for the course are held between May and September.

Here is a link to our short-course registration form : <https://forms.gle/iebrW7te7ak6wReA9>

Total course fee : 1,600

- 400 Deposit, payable at enrolment
- 600 start of term 1
- 600 start of term 2

Please get in contact if you'd like further information!



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GILES FOREMAN CENTRE FOR ACTING [Caravanserai Productions Ltd t/a]
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