



One-Term Intensive Foundation/Progression Course

11 January to 14 March 2025 (Wednesday evenings and Saturdays)



The **GFCA 1-term FOUNDATION/ PROGRESSION** course is designed for people aged 18+ who want to develop a future in acting, or who are seeking a change in career-direction - in fact anyone who would like to gain a clear understanding for what it means to train as an actor.

Our Centre is based in Dean Street, Soho - the heart of London's theatre and film industry. Our teaching is contemporary in approach; consensual, but vigorous - and many of our graduates are finding major success in the industry.

At GFCA we keep our group-sizes small, so each person has the opportunity to dramatically increase in skill and confidence, with advice and guidance from top experts in acting, movement, improvisation and voice. Most of our tutors teach or have taught at the major UK drama schools, and continue to work professionally; some are renowned in their fields.

The course prepares people for further training - either with GFCA's advanced programmes, or at other drama schools.

The timetabled sessions are based around one weekday evening and all-day Saturday attendance, so are designed to allow people to hold down a job, or to explore life in London, while taking their acting to the next level.

Participants have 10 hours of core classes, preparation and scene-rehearsal coaching each week. They are encouraged to continue their preparations outside of the timetabled hours, and we like people to find time to go and see as much film and theatre as possible.

The course includes intensively-coached sessions in Acting for film and stage, Meisner Technique, Voice, Movement, Improvisation, scene-study and Audition-preparation, taught by the Centre's teaching team of leading professional coaches.



www.gilesforeman.com info@gilesforeman.com Tel: 020 7437 3175
STUDIO SOHO in Royalty Mews [next to Quo Vadis], 22-25 Dean Street W1D 3AR

GILES FOREMAN CENTRE FOR ACTING [Caravanserai Productions Ltd t/a]
Registered office **Royalty Mews, 22-25 Dean Street W1D 3AR** Company No: 05645207

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The acting class is the core of the course. Learn how to open up emotionally, to trust your impulses and to analyse a script thoroughly. Learn to analyse characters, to discover core motivations and to develop clear character thought-processes. Take part in movement and voice classes designed to help your instrument to grow from a technical perspective, as well as exercises and methods to expand your imagination and spontaneity.

Feedback and guidance is provided at all stages, both informally and at the end of the programme.

During the term, the group prepares and rehearses scenes and monologues for an in-house showing; with the focus on monologues suitable for audition - either for our 20-month Advanced Intensive Diploma, or for other Drama Schools offering higher-level study.

The maximum group size is 14, and entrance is by application, which includes an informal interview in person or over zoom.

Interviews for the course are held between March and December.

Here is a link to our short-course registration form : <https://forms.gle/iebrW7te7ak6wReA9>

Total course fee : 800

- 200 Deposit, payable at enrolment
- 600 by 2 January

Get in contact to find out more!



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